



NUM 17 - APRIL 2025

BIOPARHOM

NEWSLETTER



Headlines : Bioparhom's promising expansion into Europe - 01

Zoom : Revolution in the management of obesity: discover the new recommendations and our tools for dieticians - 02

Agenda : 03

Headlines

BIOPARHOM'S PROMISING EXPANSION INTO EUROPE

Building on our leadership in the French medical market, we are delighted to announce a major step in Bioparhom's development : **our expansion into Europe!**

We are determined to share our values and the expertise of our Z-Metrix with a wider audience, by participating in two key events:

- Spanish Society of Clinical Nutrition (SENPE) Congress in Malaga, Spain (April 23-25):

Alongside our distribution partner, **Sonmedica / Jorge Vasquez**, we will be presenting our Z-Metrix to Spanish clinical nutrition professionals.

This congress will be a unique opportunity to establish privileged contacts.

- Ernährung Congress in St. Gallen, Switzerland (May 22-24, 2025):

Together with our Swiss and German distributors, **Aegis Medical/ José Scherrer and Fitpartner Deutschland GmbH /Ronny Groeneveld**, we will be taking part in this major event.

We're looking forward to presenting our Z-Metrix to an international audience and strengthening our presence in Switzerland and Germany.

Through our presence, we aim to meet growing demand from European healthcare professionals, share our expertise to improve patient care across Europe, and develop strong partnerships to ensure our success in these new markets. We look forward to meeting you at these events and showing you the benefits of our Z-Metrix.

Cécile



Zoom on...

REVOLUTION IN THE MANAGEMENT OF OBESITY: DISCOVER THE NEW RECOMMENDATIONS AND OUR TOOLS FOR DIETICIANS UTILS POUR LES DIÉTÉTIENS

The year 2025 marks a decisive turning point in the fight against obesity.

A new consensus, published in the prestigious *Lancet Diabetes & Endocrinology*, calls into question the body mass index (BMI) as inadequate for accurate assessment of adiposity and optimal referral for care.

New definition of obesity: a chronic, systemic disease

Clinical obesity is now defined as a chronic, systemic disease, resulting from excess adipose tissue with a deleterious impact on organ functions. BMI, on the other hand, has been relegated to the status of a population screening tool, rather than an individual one.

Clinical vs. preclinical obesity: a crucial distinction

- **Clinical obesity** is characterized by alterations in tissue function and limitations in daily activities, leading to serious complications.

- **Preclinical obesity**, on the other hand, is characterized by excess adiposity without functional impairment, but with an increased risk of disease development.

Z-Métrix: a state-of-the-art measurement tool for diagnosis

Confirmation of excess fat now requires direct measurement (bio-impedance, DEXA) or the association of BMI with validated anthropometric measurements.

In this context, Z-Métrix is a key tool. Its non-deductive technology, validated against DEXA, offers a direct and precise measurement of body fat, in perfect harmony with the new recommendations. Drawing on its experience in numerous obesity departments and in monitoring bariatric surgery, the Z-Métrix provides essential, clinically-validated data for individualized patient monitoring.

The central role of dieticians-nutritionists: a multidisciplinary approach

The consensus also underlines the central role of dieticians-nutritionists as part of a multidisciplinary team. Their expertise in nutritional support, body composition monitoring and therapeutic education is crucial to the early, comprehensive management of obesity, aimed at preventing complications.

A major advance in the fight against obesity

This innovative approach, based on more precise diagnostic criteria and multidisciplinary collaboration, represents a significant advance in the fight against obesity.

Traditional measurement of obesity vs new diagnostic method

#	1	2	3	4	5	6
BMI (kg/m ²)	23.7	28.8	28.8	32.4	39.2	39.2
Excess body fat?	No	No	Yes	No	Yes	Yes
Muscle mass	Normal / High	Normal	Normal / Low	High	Normal / Low	Normal / Low
Signs and symptoms*	No	No	No	No	No	Yes
Old diagnosis	No obesity	Overweight	Overweight	Obesity	Obesity	Obesity
New diagnosis	No obesity	No obesity	Preclinical obesity	No obesity	Preclinical obesity	Clinical obesity

*Signs and symptoms of organ dysfunction due to excess body fat

Read the *Lancet Diabetes & Endocrinology* Commission on the definition and diagnostic criteria of clinical obesity online at: www.thelancet.com/commissions/clinical-obesity

For more information, read the full report :
<https://www.thelancet.com/>

Adèle

Agenda

APRIL - MAY - JUNE 2025



April 2025 :

- April 3 : Bioparhom advanced webinar module 2 - Bioimpedance and dietetics (more info from your Bioparhom team member)
- April 7 : World Health Day
- April 23 to 25 : Congress of the Spanish Society of Clinical Nutrition (SENPE) in Malaga, Spain, booth n°24
- April 28 : World Day for Safety and Health at Work

May 2025:

- May 13 : Bioparhom advanced webinar module 3 - Bioimpedance and sports monitoring
- May 22 to 23 : SOFFCO (Société Française et Francophone de Chirurgie de l'Obésité et des Maladies Métaboliques) congress in Saint-Etienne, France
- May 22 to 24 : Nutrition Congress in St. Gallen, Switzerland, booth n°8

June 2025:

- June 2 : World Day of Eating disorders
- June 5: Bioparhom advanced webinar module 4 - Undernutrition and the elderly

Sandrine

More information about Bioparhom

395 AVENUE DES MASSETTES - 73190 CHALLES LES EAUX
CONTACT@BIOPARHOM.COM - +33(0)9.51.95.08.18

FOR GERMANY : CONTACT.GERMANY@BIOPARHOM.COM
FOR REST OF EU : CECILE.MASCARO@BIOPARHOM.COM

Our website :
www.bioparhom.com

Our social networks :
<https://www.facebook.com/Bioparhom>
<https://www.instagram.com/bioparhom/>
<https://www.linkedin.com/company/bioparhom-sas/>

bioparhom

BIOIMPEDANCE ANALYSIS